

SJB TIMES

Back to School Vibes



CONTENTS

Teacher Fashion Spotlight	3
Falling for fall fragrances	5
Shhh, Keep it Quiet: Here are the best SJB hangouts	6
A Secret Starbucks Hack!	6
Pinterest Fall Codes Inspo	7
Meet Your Student Council	8
Fall Movie Recommendations	11
A Recipe from Luke's Diner: Break-Up Pancakes	12
How to... Romanticize Your Life	13
Fall 2023 Playlist	15
SJB Artist Spotlight	15
Can you beat the Maze of all Mazes?	18
Meet our Team: US as CARTOONS!	19



Fun Fact: Did you know October is the month of the Holy Rosary? Oh Mary, conceived without sin, pray for us who have recourse to thee.



Teacher Fashion Spotlight ≡

Dulce Juarez & Christel Mazzek

Although students at SJB are heavily limited in their fashion decisions every morning (due to overly strict rules in our opinion), the teachers have the freedom to express their personalities in their daily outfits. Us students are thus privileged with the fun task of secretly but surely judging said outfits. Our teachers dress professionally, while showing a strong sense of character and personal style. To appreciate their fashion choices, our 'Teachers Fashion Spotlight' will access a new teacher's fashion sense every month...

starting strong with... Mr. Bevan!



Mr. Bevan is rocking a striped sweatshirt as he stands on a chair. He is clearly in the sweater weather mood and looking comfy and cozy. We love the enthusiasm! But not so much the outfit. Although this outfit is our least favorite of the bunch, Mr. Bevan looks as fresh as a peach with his new haircut!

7/10

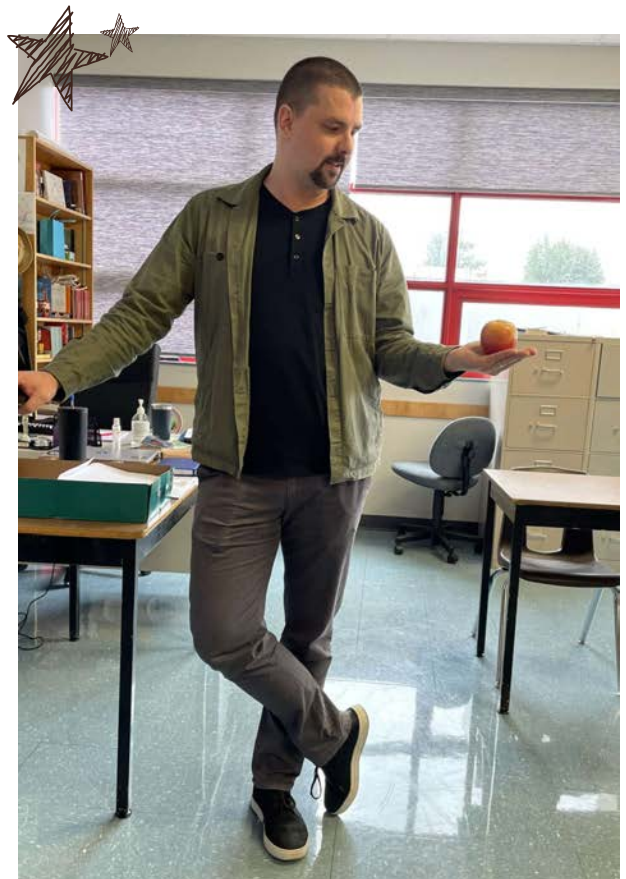
There is no better way to start the day than dressing well to present your best self! Mr. Bevan is enjoying his last day with his long and luscious hair, as he skillfully styles this "soft boy aesthetic outfit." Although the pink polo and baby blue jean combination made us wonder if he's going to a gender reveal party, we absolutely love the way the soft colors compliment each other, contrasting against Mr. Bevan's armful of tattoos. We have no doubt Mr. Bevan will be the absolute center of attention at any gender reveal party he attends with this solid outfit!

8/10



I've never seen someone style a hooded sweatshirt with a blazer. Although controversial, this outfit is put together and professional, even if Mr. Bevan doesn't look too happy about it. Mr. Do you think it's the outfit or Mr. Bevan's frustration with his students that's causing his deadly expression? Anyways, we love the effort and Mr. Bevan's courage in taking risks through fashion. The muted colors are another positive, as the gray tones harmonically work together. We have a feeling that this outfit was Mr. Bevan's attempt of delivering a message to his students. One that says "I'm your teacher, but I'm also human."

9/10



In this last outfit, Mr Bevan represents mother nature through his wonderful choice of colours. Almost resembling an apple tree, Mr. Bevan's outfit gave us the feeling of looking at an aesthetic forest picture from pinterest. All jokes aside, this is our favourite outfit as the green button up compliments the other colours well. By themselves, the black and gray pieces are too depressing. The addition of a pop of colour changes this emo narrative. With an impressive outfit, Mr. Bevan is clearly feeling confident as he stares passionately at his apple, waiting unpleasantly for us to leave his room so he can finally enjoy his apple. Maybe he should take the modelling with apples thing seriously... we think it might hold a bright future for him.

10/10

Fall fragrances

The fall season has started! Is everyone ready? For an amazing fall 2023, I will suggest a tiny but important factor in this article to help you feel the season even more sensuously and emotionally. Here are some perfume scents perfect for this time of year. With these scents, you will be surrounded by all the fall feels. You are sure to feel like a tornado of colourful leaves is enveloping you at all times!

MAISON MARGIELA 'REPLICA' Autumn Vibes

Do you prefer experiencing fall actively outdoors rather than staying in your cozy home? This fragrance of a woody trail and red leaves will bring you into the silent forest with only the noise of fallen leaves crunching underfoot. This perfume uses a maple leaf fragrance as well as some nutmeg, carrot seeds, and cedar wood, conveying a sharp freshness and earthiness. You might experience a little sprinkle of pink pepper when you first smell it. Cardamom was used in this fragrance along with oak mossy notes, a hint of smoke incense, and a somewhat peppery spiciness. This perfume is unisex, but some describe this scent as having a masculine feeling - the odour usually found in men's fragrances. Its long lasting nature is another great characteristic of this perfume.



Stephanie Choi

BATH&BODY WORKS Pumpkin pecan waffles

If you really like the taste of fall flavors, you will love this perfume. This scent is sweet with fragrance notes of maple syrup, golden waffles, pumpkin spice, and brown sugar. What's polarizing about this perfume is that it contains a bit more of a heavy scent. According to a perfume reviewer, it feels like dumping food on your head. Some people like this scent, but some don't as it can be too sweet.

You can layer this scent with different perfumes like caramel and vanilla scents - They would pair well! The longevity of this perfume is top-notch also.



VICTORIA'S SECRET Tease' Cocoa Soirée Eau de Parfum

Lastly, this warm, rich, cozy perfume is especially for women, and it is limited edition. The scent is a mixture of lush wild berries, whipped cream mocha, and freesia petals. This scent is excessively girly, flirty, juicy, sweet, and tart due to the alluring vibrancy of the wild berries, and heavy freesia.

The combination of ripe fruit blends sophisticatedly with the freesia petals in a splendid manner, adding vivid floral value. Additionally, this scent is inspiring due to the powdery, chocolatey scent incorporated. Dark cocoa and chantilly cream creates this overwhelmingly tempting base. Most voters chose fall as the best season to wear this scent.

Just imagine you are cozy under a blanket, sipping hot chocolate and snacking on some berries- This perfume will give you that fall feeling!





The Best Spots around SJB

Olivia Hargrave
& Aleesha Coloma

Although we may be a small school, we still have some pretty cool spots to hang out in during break and lunch at SJB. Whether you're into loud and crowded spaces or quiet and peaceful ones, we have a variety of environments for you.

For those who prefer a quieter space, there are always quiet classrooms and hallways if you want to crack open a good book. If you're a nature person, sitting under the cherry blossom trees or on the outside bleachers is always a good choice, especially for those wanting a little peace and quiet.

For the athletic population, playing sports in the gym or on the field are perfect options. In case you feel like running around or breaking into a good sweat, there are also intramurals (held in the gym) for certain sports like volleyball, basketball, handball, and soccer. Anyone can join an intramural team, but spots are limited! If there aren't any spots left, it's still loads of fun to watch students and teachers go head-to-head to see who will win. Be sure to listen to announcements, and check the bulletin boards in the gym for more information.



The Daily Grind Cafe and MPX are great places to hang out if you want to chat with friends, play games, or just study while eating your food. Although these are louder environments, there's food and drinks nearby, and who doesn't love food?

A Secret Starbucks Hack!



Krista Toombs



I think we can all agree, buying drinks from Starbucks has gotten ridiculously expensive. What if I told you there is a solution to help you get your coffee fix, without breaking the bank - And I'm about to show you how!

Don't get me wrong, I'm an avid coffee drinker. While the usual person's response to spending too much money on coffee would be to drink less, I understand how important it is to start your day with caffeine. Personally, I enjoy getting my coffee from The Daily Grind, but on those days when you just can't make it to SJB without a little boost, here's how to order any latte from Starbucks for just over \$4.

Vanilla (Or any flavour!) Latte : Normally \$6.15, Now \$4.15

How To Order! :
Doppio Espresso in a Venti cup
5 pumps Vanilla syrup (substitute for your choice of syrup)
An extra splash of milk
Extra Water

Pinterest Fall Codes Inspiration

Patricia Asswad

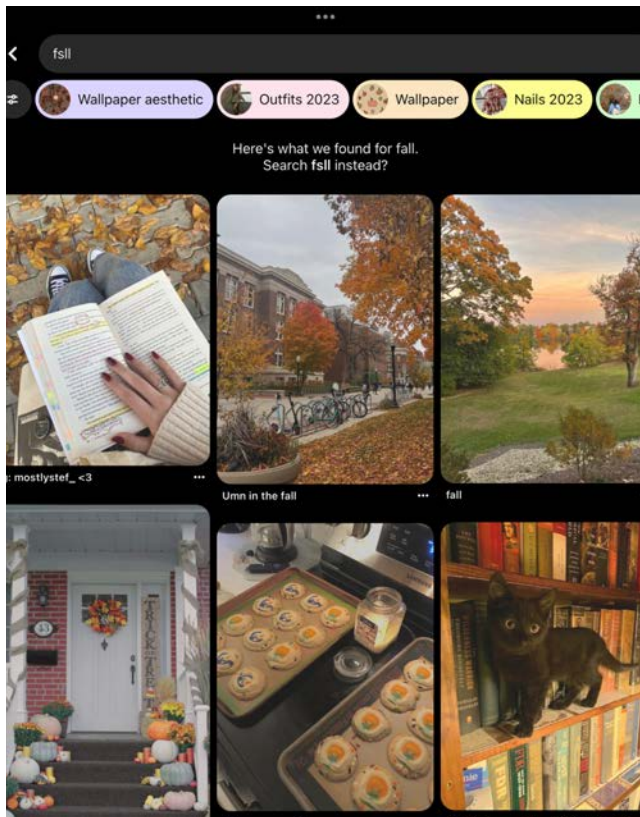


What are Pinterest codes? Pinterest codes are unique alphanumeric combinations that can be used to find specific images or videos that are put in one whole category, so you won't have a hard time finding specific items.

Are you ready for the fall season? These Pinterest codes follow a special seasonal pattern. These codes are mainly fall season codes. If you like things such as fall candles and cozy autumn bedroom inspo, then make sure to check out these codes to get yourself into the fall spirit!

All you need to do is copy and paste these codes into your Pinterest search bar. With one click, you fall right into the fall season!

Open Pinterest



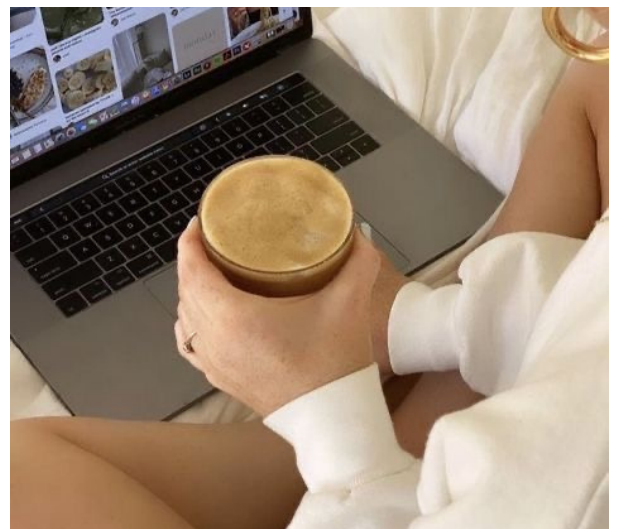
And find the search button

If you like...

- Fall nature and landscapes
- Cozy fall home decor
- Fall arts and crafts
- Fall atmosphere
- Scenic autumn photography.
- Warm blankets and soft pillows
- Fall sented candles
- Fall bedrooms
- Fall fashion
- Fall food recipies
- Fall leaves
- Fall nails

Search...

- | | |
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| AUTUMNCNDLI5 | FASHIONFALL |
| CNDL2021 | COZYSTYLE |
| FALLCNDL45 | AUTUMNLOOKS |
| COZYFALL | FALLFASH |
| CNDLLOVE | CRISPFALL |
| AUTUMCND | FALLTRENDS21 |
| FALLRECIPES | F4LLDIY |
| AUTUMNEATS | F4LLN4TUR3 |
| AUTMNCOZY | AUTUMN5C3N3S |
| LEAFYFALL | L34V35OFALL |
| HARVESTFOOD | FALLNATURE2021 |
| PUMPKINRECIPES | AUTUMNLANDSCAPES |
| FALLFLAVORS | F4LLATM0S |
| FALLFOOD | COZYF4LL |



Meet Your Student Council

Janina, Dulce, Charlotte, & Laurence

Although you see this group of eight roaming the halls and running events, how well do you really know this year's student council? Let's see how much you already know.

PRESIDENT Sean Breanan

His interests include reading, sleeping, and playing video games; anything to take the stress off of running this council. His favourite artist is Jason Mraz, singer of The Billboard Hot 100's "I'm Yours," and his celebrity crush is Euphoria star, Zendaya. Something Sean shares with many middle-aged filmboos is his favourite movie: Good Will Hunting. Two fun facts about our student council president are that he has two dogs, Loki and Lucy, and Sean cooks his own meals.



TREASURER Rycel Martos

Rycel is the biggest treasure in the student council, and he is loved by all! Some of his interests include playing the guitar, video games, and reading books like fantasy and action. Just like Ella, his favorite artist is Grant Perez. Not only does Rycel have good money sense, but he has a great taste in women! His celebrity crushes are Zendaya who famously played roles in Disney, and Emma Watson who is known as Hermione Granger in the Harry Potter series. A favorite movie of Rycel's would be "How To Train Your Dragon." Fun Facts about our treasurer are that he has a cute bunny named Fluffy, and in his opinion he thinks the city of Paris is "mid."



VICE PRESIDENT Aysia Schut

Aysia's main interest is musical theatre, if you couldn't tell from her being the glue that holds together our school's drama department. Along with this, she enjoys biology, reading, drawing, and cooking. Her favourite artist is the beautiful voice of Mac Demarco, made popular by songs like "My Kind Of Woman" and, "For the First Time." Her celebrity crush is Ken's best friend, the only Allan (Micheal Cera). Another is American heartthrob: George Clooney! Man, Aysia's definitely got some diverse taste in men. Her favourite show is Yellowjackets (a great show, if anyone is asking) and her favourite movie is Girl interrupted. Did you know that Aysia is an animal person? Currently, she is the parent to two dogs and a very elderly cat. Also, unlike others in this student council, she prefers Pepsi over Coke.



≡ *COMMUNICATIONS Noah Lueth*

In charge of the Barbearian's communications, we have the one and only Noah Lueth on the team. Noah is more than just the communications guy - He also loves Basketball and is one of our favourite players on the SJB basketball team! GO BEARS! One of Noah's favourite artists is the famous Kanye West, an American rapper, singer, songwriter, record producer, and fashion designer. Noah is a guy with many celebrity crushes, one of them being American rapper 'Ice Spice'. Another impossible celebrity crush of Noah's is Mrs. Kitteringh; yes she's a celeb. Best of luck to this courageous soul who decided to share this information with the SJB times! We hope Mr. Bittante doesn't make you clean the cafeteria floor for the next month Noah. Although he has a tough exterior, Noah loves drama and romance. We were told that he likes the series "The Summer I Turned Pretty" and he is a big Team Jeremiah guy. Noah claims that Conrad is actually "a huge bumb" and "emotional." A fun fact about Noah is that he is actually a great actor, starring as Joseph in a school play back in 2017, where he also sang a few songs. Keep up the good work Noah!



NOTARY Hannah Van Vugt

Some of her interests are reading books, as long as they don't consist of history, and sports such as soccer, volleyball, basketball. You could say Hannah is an all-rounder athlete, as she plans to join the next track and field season also! As of this semester, she is on the volleyball team, playing as number 7. Hannah's current favorite artist to listen to is American singer and songwriter, Sza. Her celebrity crush is Lucas Scott, who played on the first six seasons of the show "One Tree Hill", which happens to be one of her favorite shows to watch. One fun fact about Hannah is that she has eight siblings!

SOCIAL MEDIA DIRECTOR Ella Belgica

Our favourite Social Media Director Ella loves crocheting and considers herself to be a "gym rat." She also has a great taste in music. Some of her favorite artists are Canadian singer-songwriter Daniel Caesar, and the one and only Grant Perez, a Filipino-Australian singer and songwriter. Something fun to know about Ella is that she seems to like actors, and her celebrity crushes are of course... Actors! Ella shows interest in Xolo Mariduena, famous for his role as Miguel Diaz in the Netflix action series Cobra Kai, and let's not forget about Milo Manheim, known for his role as Zed in the Disney Channels "Zombies" movie trilogy. Ella enjoys watching drama/romances and her favorite show is "The Summer I Turned Pretty, Life in a Year." Now the question is.. Is she team Conrad or Jeremiah or the famous "Anti Belly." Moving on from interests and crushes, a fun but not so fun fact about Ella is that her childhood dog turned yellow and said bye-bye. Forever. Ella is very brave as our sources have told us (Ella herself). She joined the senior volleyball team with zero experience and being the awesome athlete she is, she made the team! GO ELLA!

STUDENT RELATIONS Marek Dick

His interests include Formula 1 cars, basketball, and soccer, which he considers to be the best sport. His favourite artist is Kanye but is slowly starting to be Sza. He has two celebrity crushes. First is Blade Runner 2049 star, Ana de Armas, and second is the infamous blue Porsche from Cars, Sally Carrera. In fact, Marek even got to meet Sally in person! Marek is a Formula 1 fan to the core, since his favourite movie is also Cars. Fun fact about him is that he has a cousin in his grade, which is something not many people know, our very own Sherlock Holmes, Dmitri Andrew. As you can see Marek is a very social person and has connections to everyone which shows that he is a good fit for his position.



ATHLETIC DIRECTOR Noah Buchan

His interests include sports, mountain biking, and hiking. When he has the time off from being athletic, he likes to read. His favourite artist is American singer and record producer, J Cole, and his celebrity crush is Barbie herself, Margot Robbie. Watch out Ken, you've got some competition! Noah's favourite show is a classic for all 2000s kids: Wild Kratts. Did you know that Noah was only 4'11" until he was in 8th grade. We're proud of you, Noah- Great job on your growth spurt. Also, if you ever ask him, Noah will not step down from stating that Coke is better than Pepsi.

Fall Movie Recs ^{///}

Eunho Cho

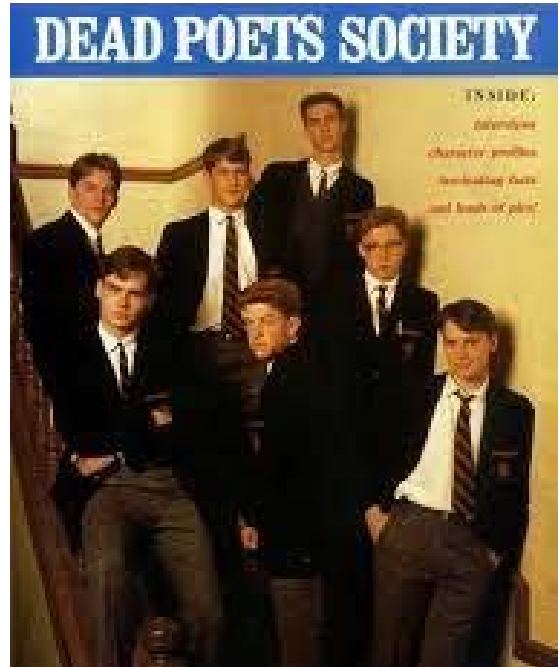
Fall is a great time to cozy up with good movies. Here are some films that will fully get you into autumn vibes!

Coco

Coco is a Disney Pixar movie that follows the journey of a young boy, Miguel. Despite his family's wishes, the child wants to become a musician, and this forces Miguel to step into the Land of the Dead to find his great-great grandfather. On the Day of the Dead, Miguel explores the traditions with his ancestors and realizes the power of unconditional love. It is a heartwarming movie, reminding us of the importance of family history. Despite death, past history continues to shape our families for generations to come. The colorful visuals and exciting music are also part of the charm of this movie, and autumn leaves play an important role in the film making it suitable to enjoy this season. I would strongly recommend this film to those who want to feel the warmth of family and their love.

Stranger Things

'Stranger Things' is a science fiction horror drama, released on Netflix in 2016. A gateway to another dimension was opened in a fictional small town named Hawkins, Indiana, as Mike and his friends have a crisis. Their good friend, Will, was chased by an unknown creature and disappeared the next day. The story is about how the kids have a weird and dangerous adventure while trying to find Will. Season 1 of the series effectively captures the chilly and gloomy atmosphere before winter arrives. I recommend it, not only as a heartwarming experience, but also for those who want to feel the eerie vibes of autumn!



Dead Poets Society

'Dead Poets Society' was released in 1989, and it is considered one of the best classic films. Although it is an old movie, it still touches our hearts and impresses many. The story is about John Keating, a new English teacher in an elite boarding school—Welton Academy—and the lives of the students, such as Todd, Neil, and Knox. Keating teaches poetry in a totally different way, and inspires students to do what they truly want to do. By meeting in a cave to join the 'Dead Poets Society,' students gradually change their beliefs, and it even influences their lives. This film is full of beautiful poetry and inspires deep thinking about life and its dilemmas.

Grab a blanket, hot drink, some snacks, and enjoy these movies!



☞ A Recipe from Luke's Diner Break-Up Pancakes

Krista Toombs



Directions

- In a large mixing bowl, combine all the dry ingredients.
- Add in the wet ingredients
- Fold in the chocolate chips.
- Heat a large skillet over medium heat or a griddle to 300 degrees. Melt a teaspoon of butter or canola oil so the pancakes don't stick.
- Pour about ¼ cup of the pancake batter. Allow the pancake to cook for about 2-3 minutes on each side.
- Prepare the ganache by heating milk and chocolate chips in a microwave-safe bowl for about 30 seconds.
- Pour the ganache over the pancakes, top with whipped cream and serve!
- Pumpkin chocolate chip cookies!

Ingredients

For the pancakes

- 1 ¾ cups all purpose flour
- ¼ cup cocoa powder
- 3 tbsp granulated sugar
- ½ tsp baking powder
- ¼ tsp salt
- 2 eggs
- 1 ¼ cups whole milk
- ½ tsp vanilla
- 2 tbsp melted butter
- 1 cup semisweet chocolate chips

For the topping

- 2 tbsp whole milk
- ½ cup semisweet chocolate chips
- Whipped Cream

Enjoy!



Romanticize your life Charlotte Abbass

Fall has pulled in. The leaves are changing, the rain is starting, and the pace of life is slowing down. The beginning of fall always comes around the start of school, which can be a downside but it can also be an upside. Fall doesn't necessarily start when school does, it starts when the air and mood of the world becomes more peaceful. There's always a crisp smell in the air, as the excitement of Thanksgiving and Halloween begins.

The real question is how to make sure you enjoy everything that autumn has to offer; how to make sure this fall is one to remember.

That's what I'm here for. I want to help you romanticize your life for fall, because autumn isn't just a season; it is the coziest, prettiest and most romantic time of the year.

Pick your own pumpkins

What are the best decorations for your house in the fall? Pumpkins! And a really good activity is to go out and *pick your own pumpkins*. It's a great pastime if you have nothing to do.



Apple Picking

If you are looking for a fun group activity then you should try *apple picking*. You get to spend time in nature, have a good snack, and it's just super fun. It is also a perfect time to take group or solo pictures!

Go on a fall hike

If you are looking for something to do that will connect you with nature, then you should *go on a fall hike*. You can enjoy the colours of the trees and the crisp change in temperature. Remember to wear something warm to make sure you don't get a cold, because that's the last thing we want!



Take cute pictures

Fall can be the most aesthetic time of the year. It is the perfect time to go out and *take cute pics*. The temperature and colours are just right and you will always have a chance to get good outcomes. So, when you see an opportunity, take it!

Wear cozy and warm clothes

I think everyone can agree that the autumn style is the best part of the season. Instead of wearing clothes to get a tan, we can *wear clothes that will keep us cozy* and warm. Sweaters, comfy socks, slippers, sweats, the list goes on and on. Make sure you convert your closet to fall clothes soon, to be able to enjoy the weather and season to the fullest.



Drink warm beverages

What else is there to drink during the autumn season, when it's cold outside, and you've run out of pumpkin spice drinks, then hot cocoa. You can curl up in front of a fire or in a soft blanket. This warm drink will help you get warm and prepare you for winter.



Watch Gilmore Girls

What is the best show to watch during this time of year... can you guess it? If you guessed *Gilmore Girls*, then you are correct. It is the best series to watch during this time of year. The fall spirit is conveyed so well through this show, the characters, the vibe and everything is perfect. So remember to make time to watch *Gilmore Girls* this season!

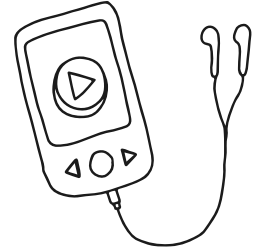
Romanticizing your life is one of the key aspects to happiness in my opinion. This fall, make sure you take time out of your busy schedule to enjoy the season!

Fall 2023 Playlist

Krista Toombs



- There She Goes - The La's
- Willow - Taylor Swift
- Landslide - Fleetwood Mac
- Where You Lead - Carole King
- Iris - The Goo Goo Dolls
- Vienna - Billy Joel
- Until I Found You - Stephen Sanchez
- Robbers - The 1975
- How To Dream - Sam Phillips
- Uptown Girl - Billy Joel



SJB Artist Spotlight

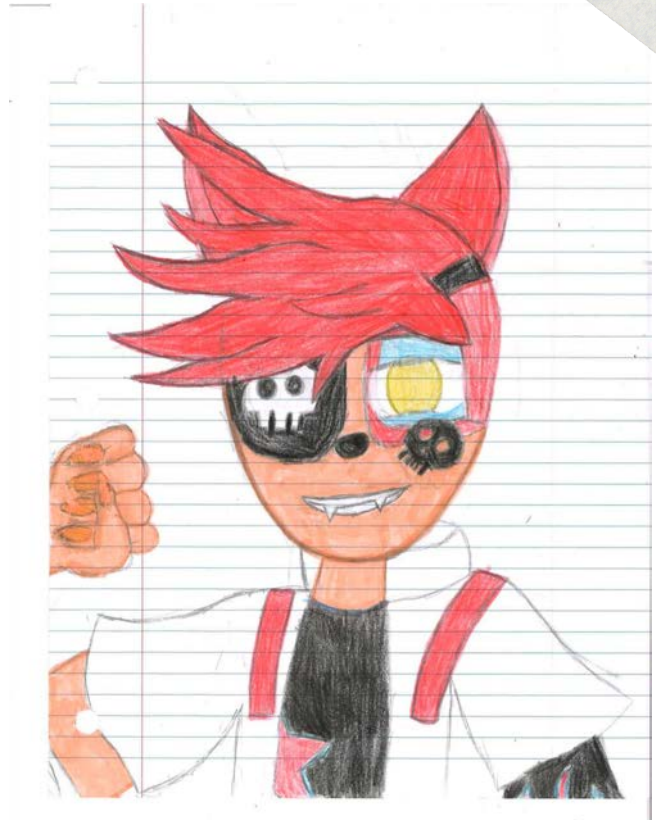


Melissa Castro Rodriguez

✧ SJB Artist Spotlight ✧



Anastasia Lewis



Rosie Jimmie

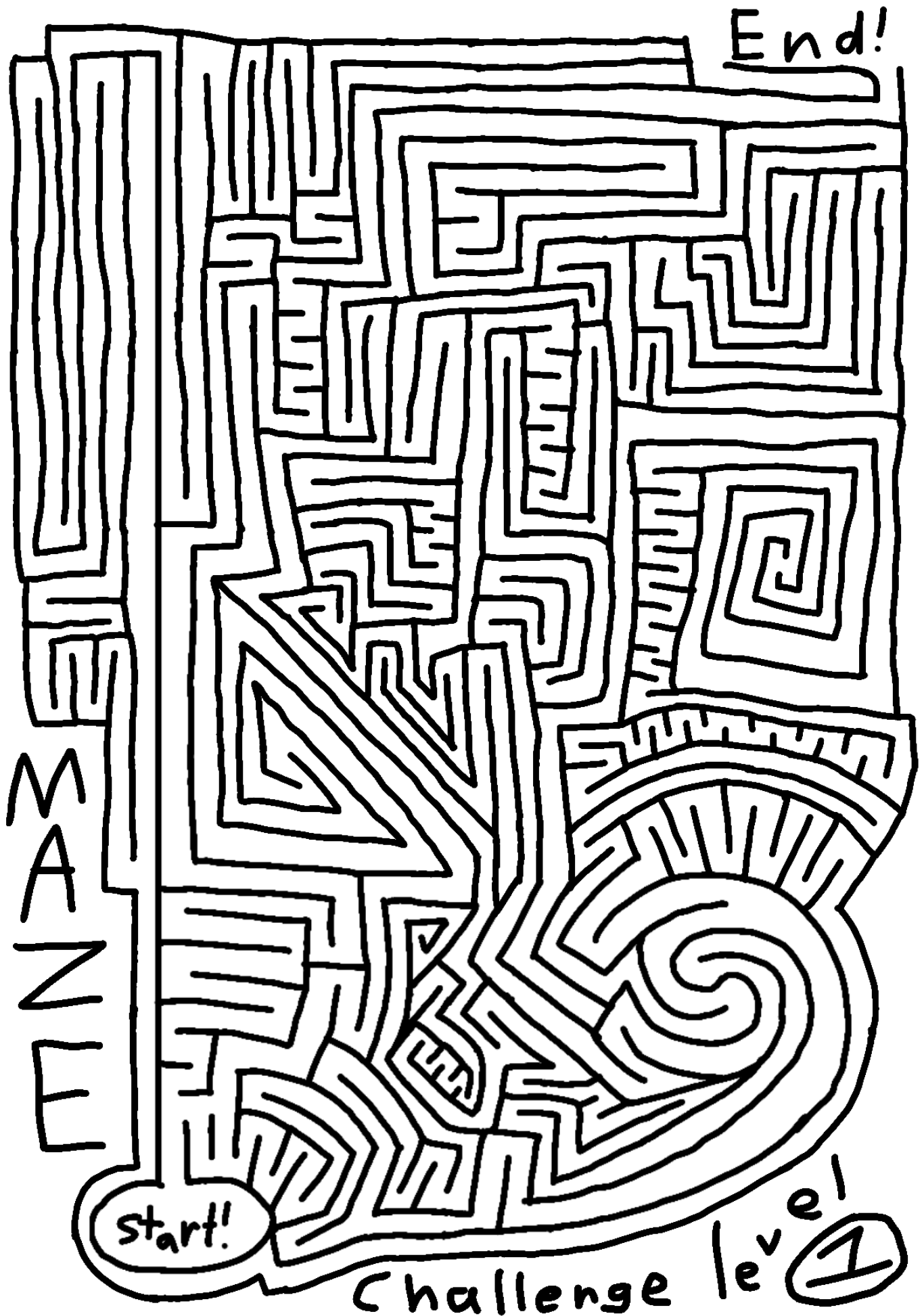


Lauren Soliven



Eileen Choi



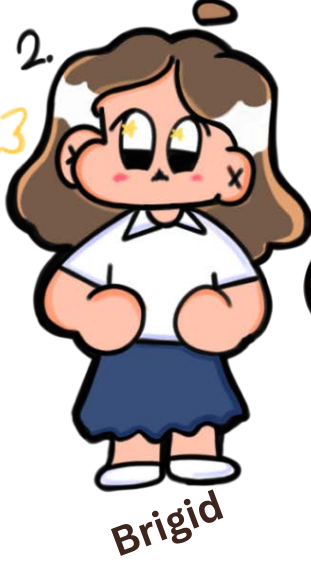
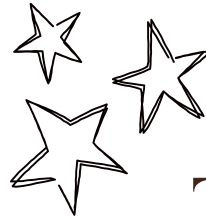


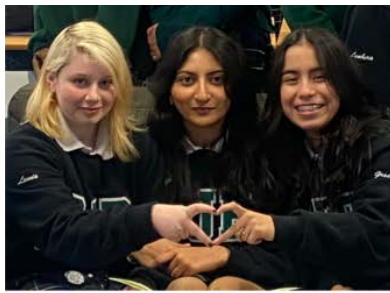
Designed and illustrated by Samuel Watt

Designs

Melissa

Meet Our Team for 2023- 2024!





Anastasia



Maria



Dulce



Leona



Sandra



Charlotte

Thank you to Melissa Castro Rodriguez for creating caricatures of our team!



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Do you need advice? Do you have a problem that you need help solving? Do you have a school issue that needs to be addressed? Send it in to sjbtimes@gmail.com, and we'll be sure to answer them as best as we can in the next issue.

Do you want to show of your writing, art, or photography? Join the SJB Times! Email sjbtimes@gmail.com or talk to our editor or teacher sponsor. Anyone is welcome to join! We meet Wednesday's in room 206! !

