



ST. JOHN BREBEUF

CLUBS & ACTIVITIES GUIDE



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ACADEMIC CLUBS



STUDENT COUNCIL

Would you like to say about what goes on at SJB? Do you have ideas to make our school a great place to be? Then join the student council and be a part of a team that votes, plans and executes events and activities for the whole school.

September to June

Contact: Mrs. ten-Bohmer



MATH COMPETITION TEAM

Are you good with numbers, logic and problem solving? Then this is the team for you! Flex your mental muscles at Math competitions held once a month. We have a junior (Grades 8-10) and a senior team (Grades 11-12).

October to March

Contact: Mr. Sweeney



STUDENT NEWSPAPER

The SJB Times is our very own high school student newspaper! Join us and become part of a community where artistic expression, diverse perspectives, and free speech thrive. Whether you're an aspiring writer, artist, or simply love sharing your opinion, The SJB Times is the ideal place for you to belong. Join today and let your voice be heard!

Throughout the year

Contact: Mrs. Neuls

ATHLETICS TEAMS



SOCCER

Come and be a part of this fabulous sport! We run 2 teams: Junior (Grades 8/9) and Senior (Grades 10-12). Don't be afraid to come out and show off your skills! Practices run after school, from 3:00 - 4:15 pm.

Boys: September - November

Girls: March - May

Contact: Mr. Sweeney



BASKETBALL

Dribble - Pass - Shoot - Block - Rebound - Go! This quick-paced game is full of intense fun! Practice times vary throughout the season, with younger teams playing right after school and Senior teams playing at a later time slot.

November - March

Contact: Mr. Sweeney



GOLF

Enjoy the outdoors and social benefits of the sophisticated world of golf! This game is a combination of strategy, coordination and accuracy. When you join the golf team, you can choose to be competitive or just play for fun. Our team practices at Fraser Glen Golf Course.

March - June

Contact: Mr. Sweeney

ATHLETICS TEAMS



VOLLEYBALL

Boys and girls have the opportunity to play this fast-paced and exciting sport. We have 3 teams: Grade 8, Junior (Grades 9/10), and Senior (Grades 11/12). Practice times vary throughout the season, with younger teams playing right after school and Senior teams playing at a later time slot.

September - November

Contact: Mr. Sweeney



CROSS COUNTRY

Fall is a beautiful time to go for a run! Our cross-country team trains in stunning Gardner Park and Fish Trap Creek Trails. You can join for fitness or for competition. No experience is necessary. Practices take place in the afternoons after school.

September - November

Contact: Mr. Sweeney



TRACK AND FIELD

Whether you're quick, strong, agile, or have endurance, there is something for everyone on the Track and Field Team! Practices are right after school, with one practice a week at Rotary Stadium.

March - June

Contact: Mr. Sweeney

ACADEMIC CLUBS



THE BOMBADILLION

Have you ever wanted to be a published writer? The Bombadillon is a book written by SJB students every year, featuring high-quality short stories, poetry, and original artwork.

Throughout the year

Contact: Mr. Palmarin



YEARBOOK CLUB

Join us in creating a spectacular book of memories that students will cherish for the rest of their lives! Become part of our team and capture the highlights, friendships, and unforgettable experiences that make SJB the best place to be! We are looking for writers, artists, photographers, designers, and students who want to be part of something amazing!

Weekly meetings throughout the year

Contact: Mr. Calzavara, Mrs. Neuls



PEER TUTORS

We are looking for capable, kind and patient students who are willing to share their knowledge with other students. Help a classmate and solidify your own understanding of the curriculum. Being a peer tutor also looks great on a resume!

September to June

Contact: Mrs. Kaszonyi

FAITH CLUBS



SACRISTAN TEAM

This group of dedicated students assists in the liturgical life of the school through: chapel care, altar serving, and readings at mass. These humble acts of faith and service are essential in living out our Catholic faith. This group prays and meets a multiple times a year.

Throughout the year
Contact: Mr. Shin



MUSIC MINISTRY

We are looking for students who want to be involved in singing at our school Masses, liturgical celebrations and assemblies. We even go caroling and do other fun activities together. We meet a few times a month to practice and to create PowerPoint presentations for our school gatherings.

Throughout the year
Contact: Mrs. de Fleuriot



LIFE & JUSTICE

This organization is centered on defending the most vulnerable and advocating for social change in our world. A wide range of activities allows students to participate at both the local and global levels and find a way to make a difference.

Throughout the year
Contact: Mr. Ferguson

ATHLETICS CLUBS



INTRAMURALS

Looking for a fun way to meet your Daily Physical Activity? Our Senior PE classes run a variety of intramural sports at lunchtime throughout the fall and spring semesters, including volleyball, indoor soccer, basketball and badminton. Listen for announcements for signup and start dates. This is also an opportunity to flex your muscles against the super-talented Teacher teams!

In the gym at lunch
Contact: Mrs. Kitteringham



SCOREKEEPERS CLUB

These hard-working students are the ones behind the scenes at each sporting event. They work directly with the officials, running the score clock and keeping track of the master score sheet for each game. This group truly makes athletics run at our school. Game times vary from right after school to 8:00 pm. This club is a great way to be involved in the athletics without all the sweat!

September to March in the gym
Contact: Mr. Sweeney

FINE ARTS CLUBS



SJB PLAYERS

If you love to sing and dance, act, create sets and props or work backstage, this is an awesome way to experience the fine arts. Annual performances take place at the Matsqui Centennial Auditorium for the full theatre experience!

September to November

Contact: Mrs. Gloanec, Mr. Keely



OPEN STUDIO

Open Studio meets weekly and is open to all SJB students wishing for a creative outlet. Artistic activities include guided painting, figure drawing, clay construction and glazing, as well as creative games and projects. Open Studio also hosts school-wide art contests, "open calls" for artistic works and "live" art activities.

Throughout the year

Contact: Mrs. Lindenbach

FAITH CLUBS



VERSO L'ALTO

Inspired by Blessed Pier Giorgio Frassati, the patron of students and young people, this club provides opportunities for personal formation for students. Our inspiration is Frassati's motto, *verso l'alto* ('to the heights'), challenging the life of mediocrity and inspiring us to strive for a life of greatness. We meet weekly for personal goal setting, outreach challenges, prayer, philosophical discourse, and field trips that integrate adventure in the wilderness with the beauty and truth of our faith.

Throughout the year

Contact: Mr. Palmarin, Mrs. Neuls,
Mr. Shin

OUTDOOR CLUBS



OUTDOOR ADVENTURE CLUB

Do you love spending time outdoors? Do you have a thirst for adventure? We ski in the winter and mountain bike on the trails in the spring and fall. All abilities welcome.

Throughout the year

Contact: Mr. Lavrik

JUST FOR FUN



'NAILED IT' CLUB

The Nail Club is your destination for everything nails! Join our workshops to perfect your application skills or participate in friendly nail art competitions. Our club focuses on nail care, proper application techniques, and the art of nail design. Unleash your creativity and embrace the world of stunning nail art!

Throughout the year
Contact: Mrs. Stock or Ms. Renaud



ANIME CLUB

Students gather once a week at lunch to enjoy all things anime, which includes age appropriate shows, games, drawing, novels and more.

Throughout the year
Contact: Mrs. Durante



EVENT PLANNING CLUB

Do you like to plan and throw events? Be a part of the crew that puts on the Mother's Day Tea, Senior's Lunch, Priest's Lunch and other special events that take place at SJB throughout the year.

Throughout the year
Contact: Mrs. Fronteddu

JUST FOR FUN



DUNGEONS & DRAGONS

Calling all Adventurers! Enter the world of this legendary fantasy role-playing game and step into the boots of mighty heroes and heroines in their lofty quests.

After school from 3:00 - 4:30
Contact: Mr. Foster



GIRLS NIGHT

SJB girls meet throughout the year to discuss relevant issues in their lives over dinner and dessert! Guest speakers are invited to lead discussions on the theme of the evening. Each evening may be targeted towards different age groups.

Various dates throughout the year
Contact: Mrs. ten-Bohmer or Mrs. Neuls



GUYS NIGHT

SJB guys meet throughout the year to discuss relevant issues in their lives over dinner, dessert and laughter. Guest speakers are invited to lead discussions on the theme of the evening.

Various dates throughout the year
Contact: Mr. Shin